

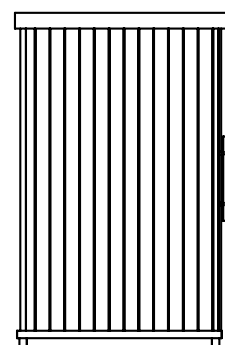
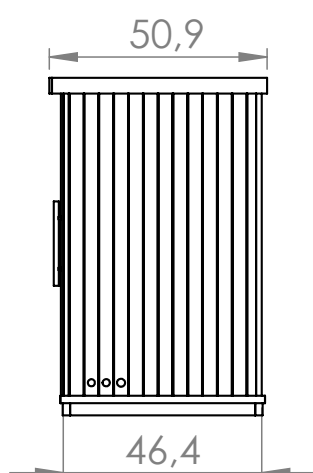
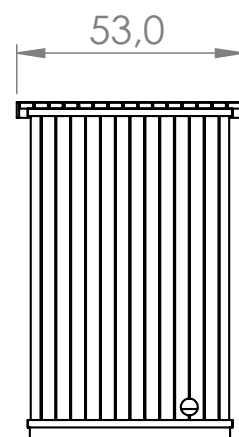
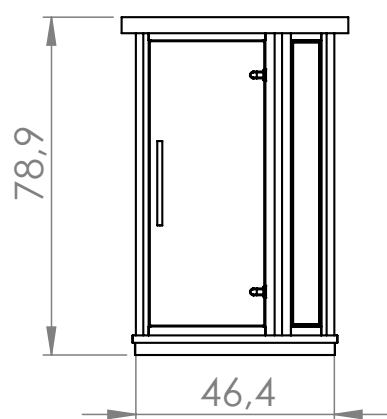


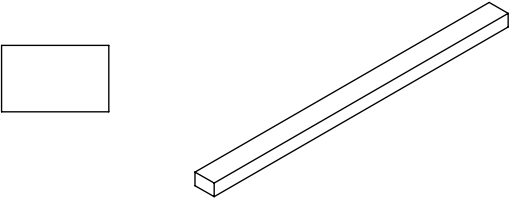
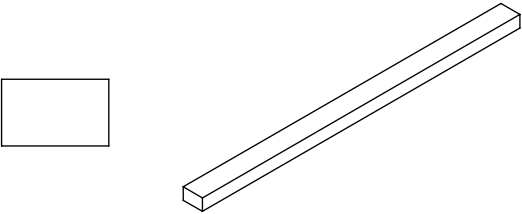
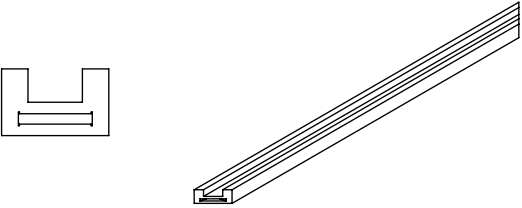
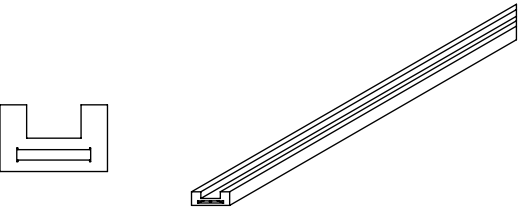
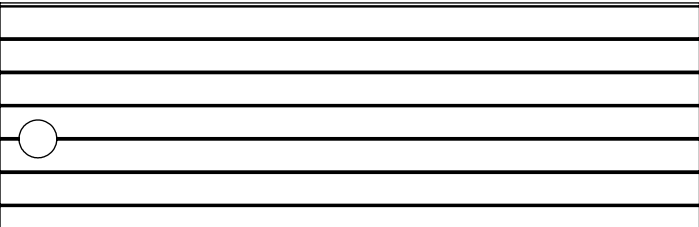
Therma 44 Indoor Sauna

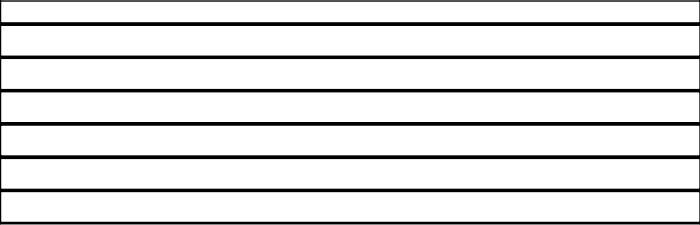
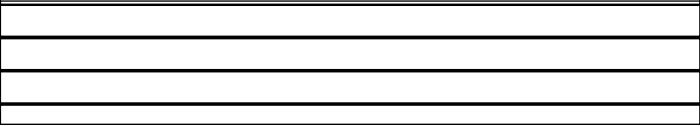
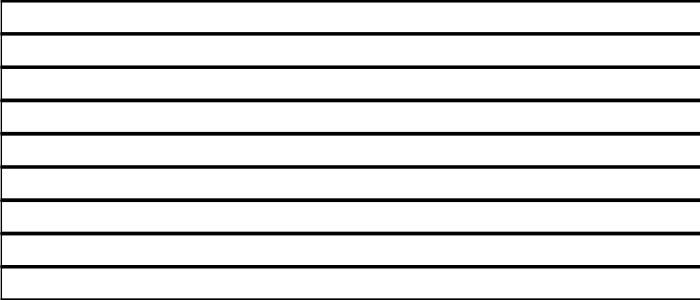

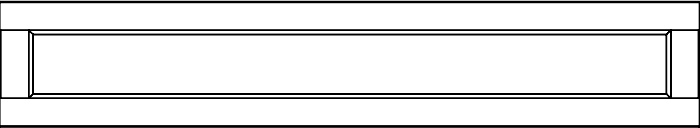
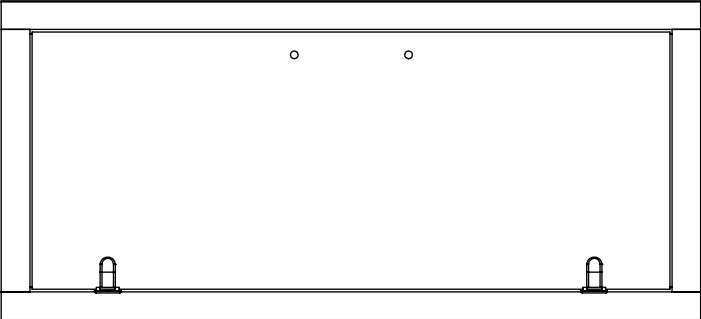


Note: Please read manual before construction

REV: 1.0_01/2025



	Floor raiser 1	1.7x2.8x43.3	2
	Floor raiser 2	1.7x2.8x46.8	2
	Support rail 1	1.7x2.8x47.8	4
	Support rail 2	1.7x2.8x47.8	4
 3	Back wall 1	23.2x72.8	1

	<p>Back wall 2</p>	<p>23.2x72.8</p>	<p>1</p>
	<p>Side wall 1</p>	<p>12.5x72.8</p>	<p>2</p>
	<p>Side wall 2</p>	<p>31.8x72.8</p>	<p>1</p>
	<p>Side wall 3</p>	<p>31.8x72.8</p>	<p>1</p>
	<p>Window element</p>	<p>13.1x72.8</p>	<p>1</p>
<p>4</p> 	<p>Door element</p>	<p>33.3x72.8</p>	<p>1</p>



Roof 1

27.7x49.8

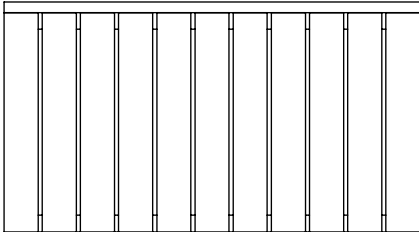
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Roof 2

24.7x49.8

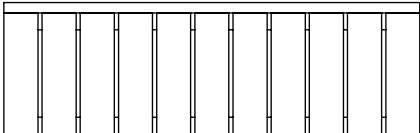
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Bench 1

23.9x43.3

1



Bench 2

13.7x43.3

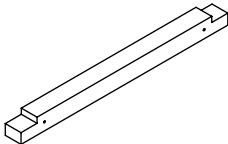
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Backrest

12.2x43.3

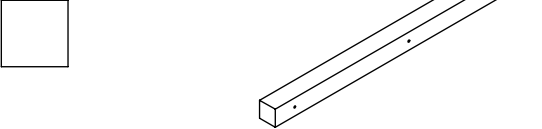
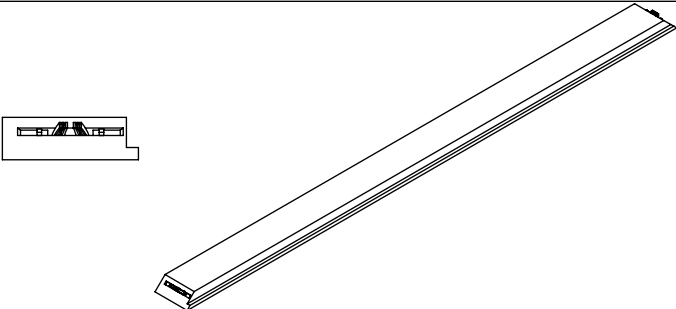
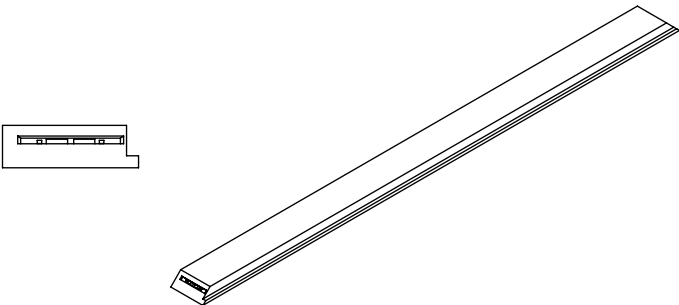
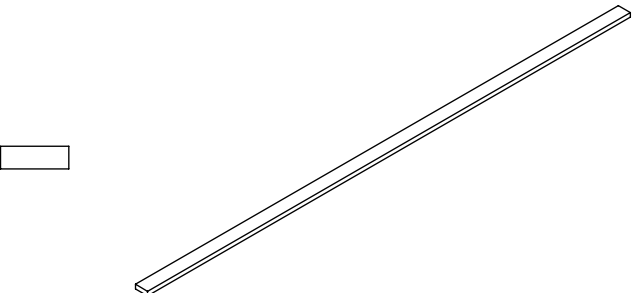
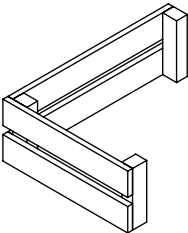
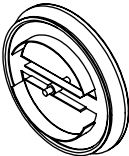
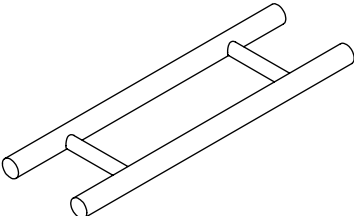
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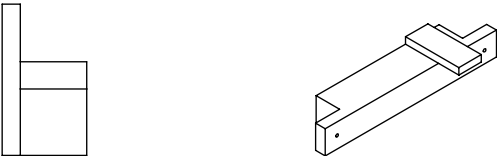
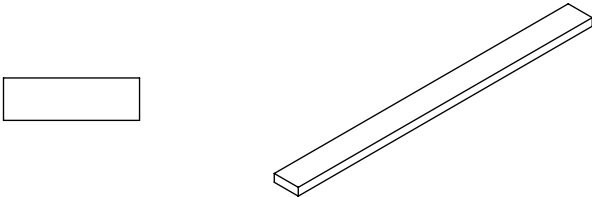


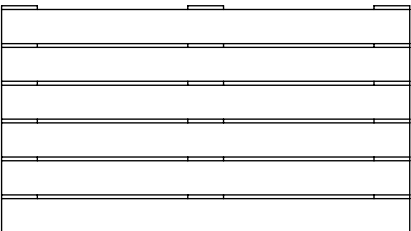
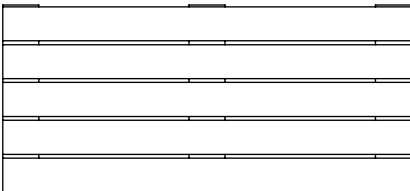


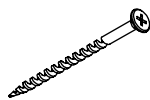
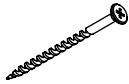



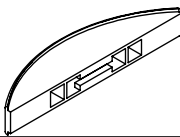
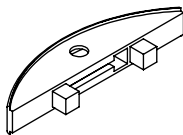




**Bench support
1**

1.7x1.7x22.8

2

	<p>Bench support 2 left/right</p>	<p>1.7x1.7x29.5</p>	<p>2</p>
	<p>Front and back board</p>	<p>1.1x3.5x54</p>	<p>2</p>
	<p>Side board</p>	<p>1.1x3.5x52.6</p>	<p>2</p>
	<p>Front wall cover slat</p>	<p>0.6x1.8x71.1</p>	<p>3</p>
	<p>Heater cover</p>		<p>1</p>
	<p>Vent cover</p>		<p>1</p>
 <p>6</p>	<p>Door handle</p>		<p>1</p>

	be1	1.7x2.4x12.6	1
	be2	1.7x2.4x12.6	1
	be3	1.1x3.5x43.3	1
	bench connection bar	0.5x1.6x5.5	3
	roof connection bar (plywood)	0.3x1.9x3.6	12
	floor 1	23.6x42.5	1
	floor 2	19.5x42.5	1

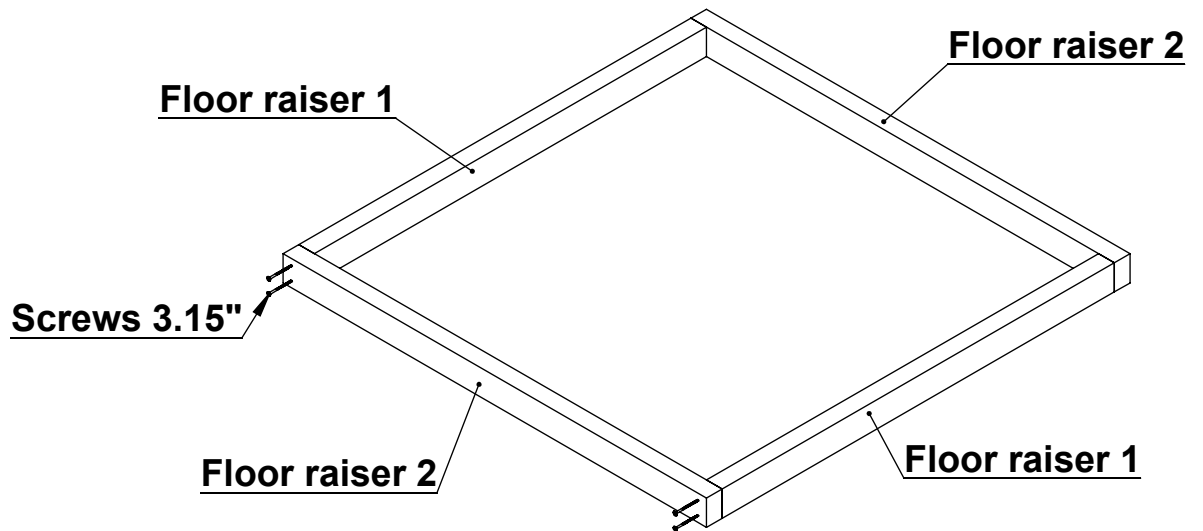
	3.15" screws	8
	2.7" screws	26
	2.4" screws	20
	2" screws	24
	1.6" nails	15
	lamello 1	8
	lamello 2	8
	hex key	1
	1.6" screws	4
	1.4" screws	12
	1.2" screws	48

Step 1. Connect the Four Floor Risers

Fasten the floor risers together using 3.15" screws, being sure the two shorter boards are located on the sides and the two longer boards are on the front and back. Use a framing square to ensure the assembly is square.



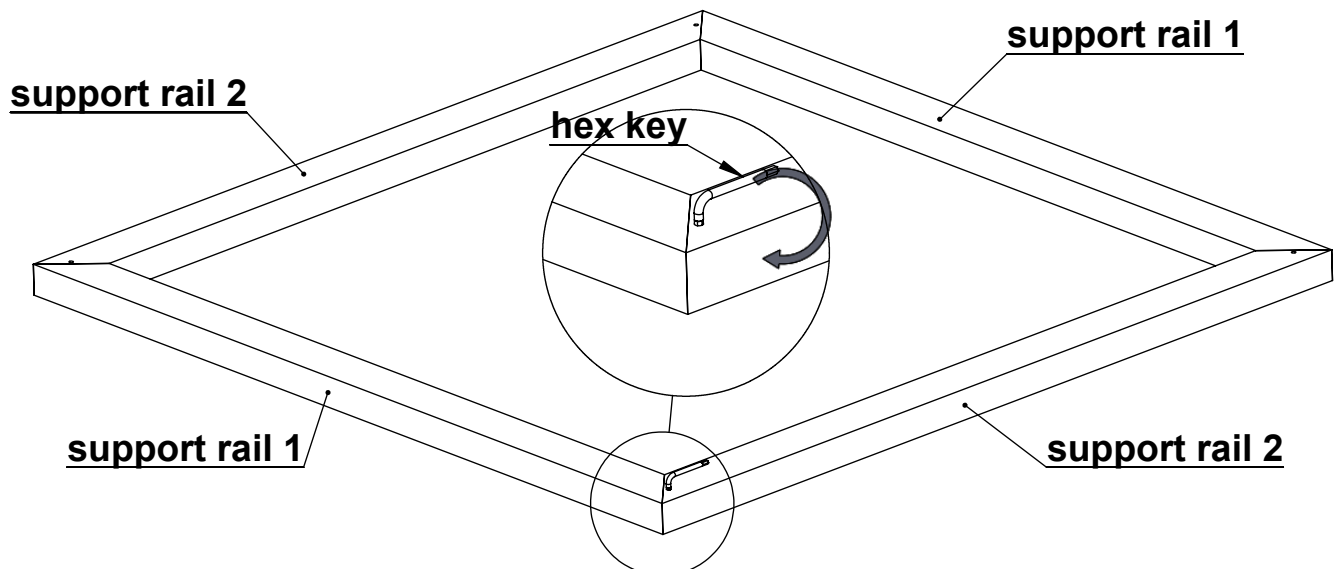
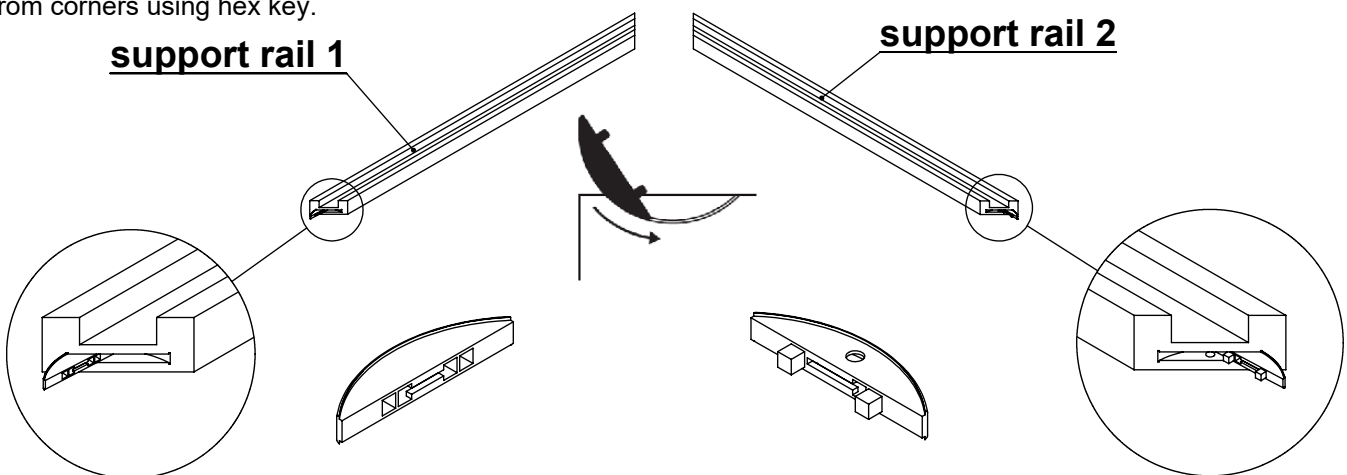
Drill the pilot holes for the screws



Step 2. Connect Wall Support Rails

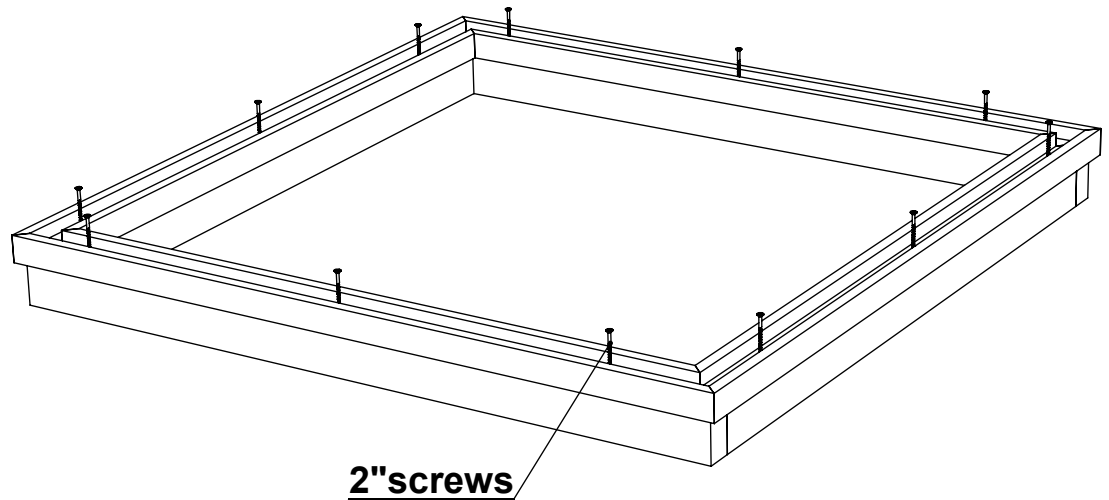
Each wall support has a predrilled hole for lamello. Insert the lamellos in the support rail holes as shown in the drawings. Fasten the wall support rails together and connect from corners using hex key.

Support rail 2 have two predrilled holes for hex key!



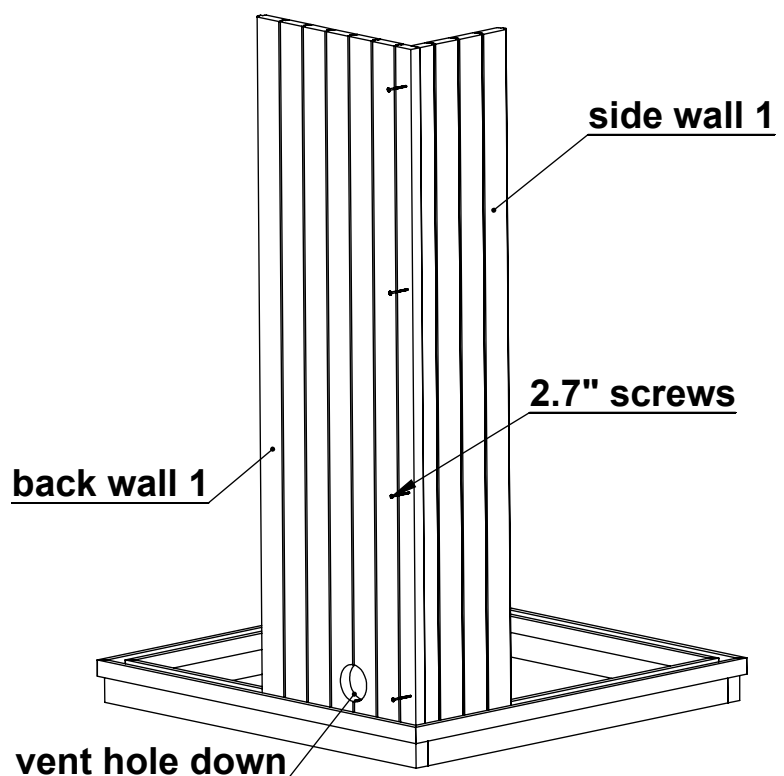
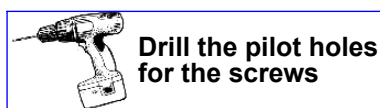
Step 3. Position Wall Support Rails

Lay the wall support rail assembly squarely on top of the floor risers with the groove facing up. The rails should overlap both sides of the riser by approximately 0.5". Secure the assembly to the floor risers using three 2" screws evenly spaced on each wall support rail



Step 4. Position Wall Sections (back wall 1 & side wall 1)

Position back wall section 1 in the groove of the back rail and push it flush against the left rail. Having a helper hold back wall section, orient side wall section 1 and place it in the groove of the left rail. Push the flat edge flush against back wall section. Align the two panels so they are flush and fasten them together using the 2.7" screws

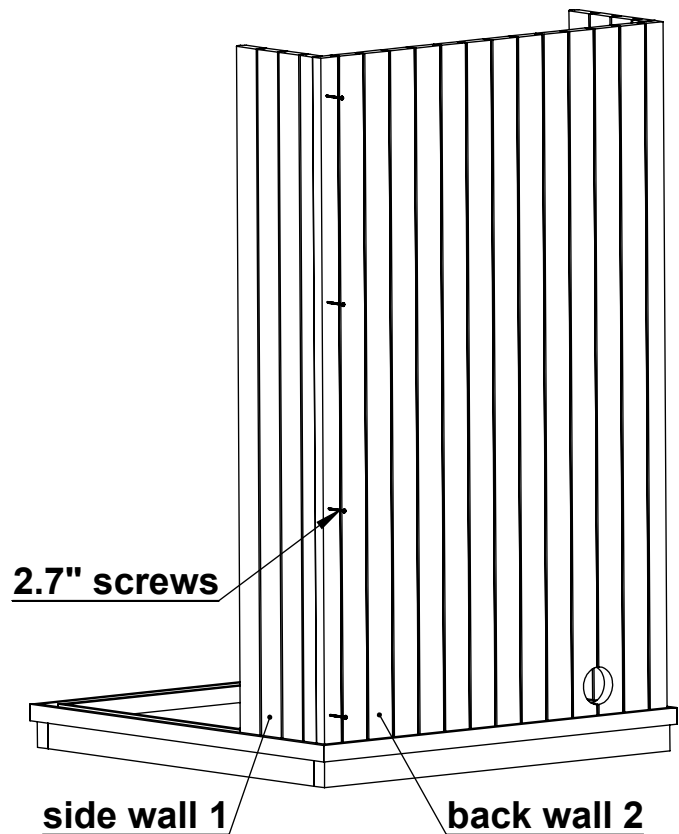


Step 5. Position back wall sections 2 and side wall1

Position back wall2 section into the groove of the back rail.
Attach it to back wall section 1 by way of the tongue and groove fit. Secure it by tapping it into place with a rubber mallet.
Position side wall section 1 into the groove to the right side rail and push flush against the back wall. Being sure panels are flush with each other, fasten them together using the 2.7" screws.



Drill the pilot holes for the screws

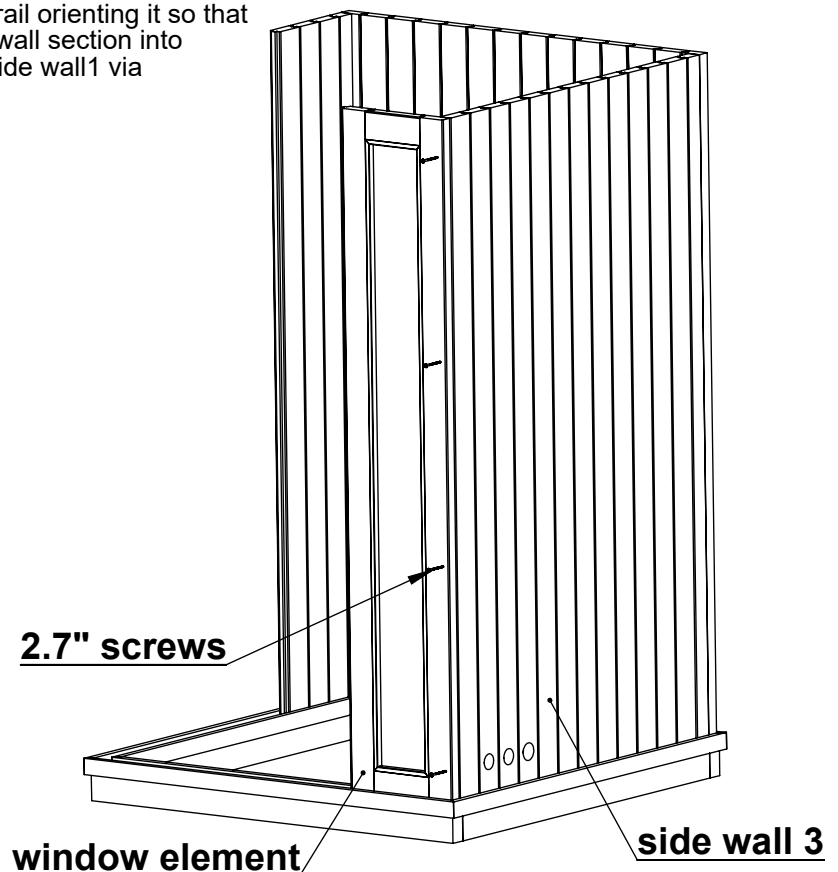


Step 6. Position Side wall section 3 and Window section

Position side wall section3 into the groove of the side rail orienting it so that the heater vent holes are located at the bottom. Slide wall section into place with sidewall section1. Side wall 3 connects to side wall1 via tongue and groove so there is no need to use screws.
Use a rubber mallet to secure the fit.
Now place window section into the groove of the front rail. Gently tap into place with a rubber mallet to secure the fit. Now, make sure window section and side wall3 are flush with each other, secure them together with the 2.7" screws.



Drill the pilot holes for the screws



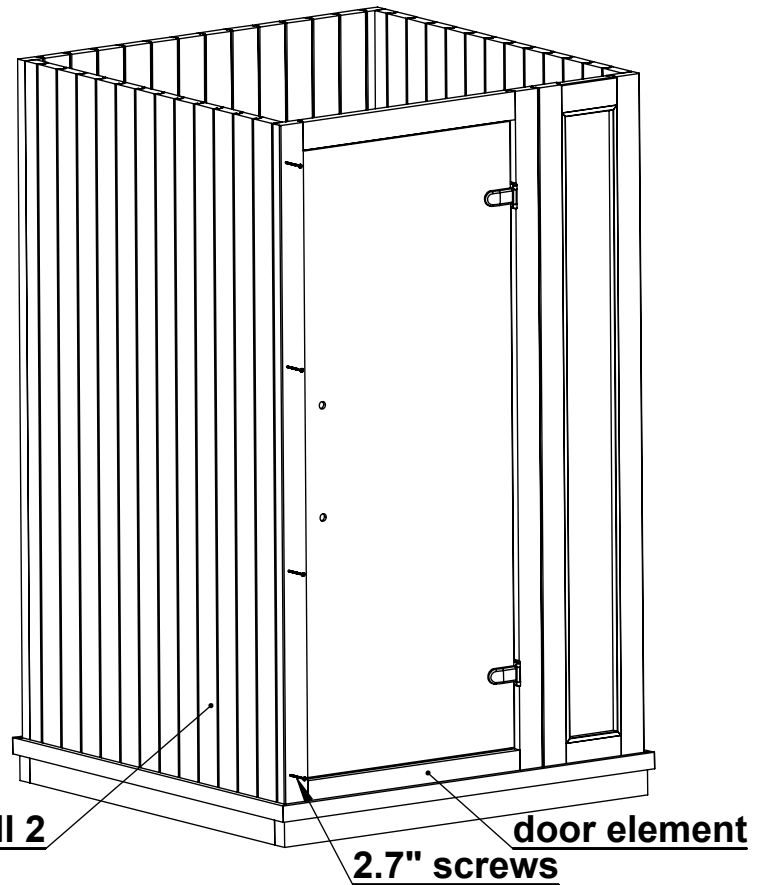
Step 7. Position side wall section2 and door section

Position side wall section2 into the groove of the side rail. Slide side wall section2 into place with side wall section1. Section 2 connects to section 1 via tongue and groove so there is no need to use screws. Use a rubber mallet to secure the fit.

Now place door section into the groove of the front rail and connect it to window section via the tongue and groove fit. Gently tap into place with a rubber mallet to secure the fit. Now, make sure door section and side wall2 are flush with each other, secure them together with the 2.7" screws.



Drill the pilot holes for the screws

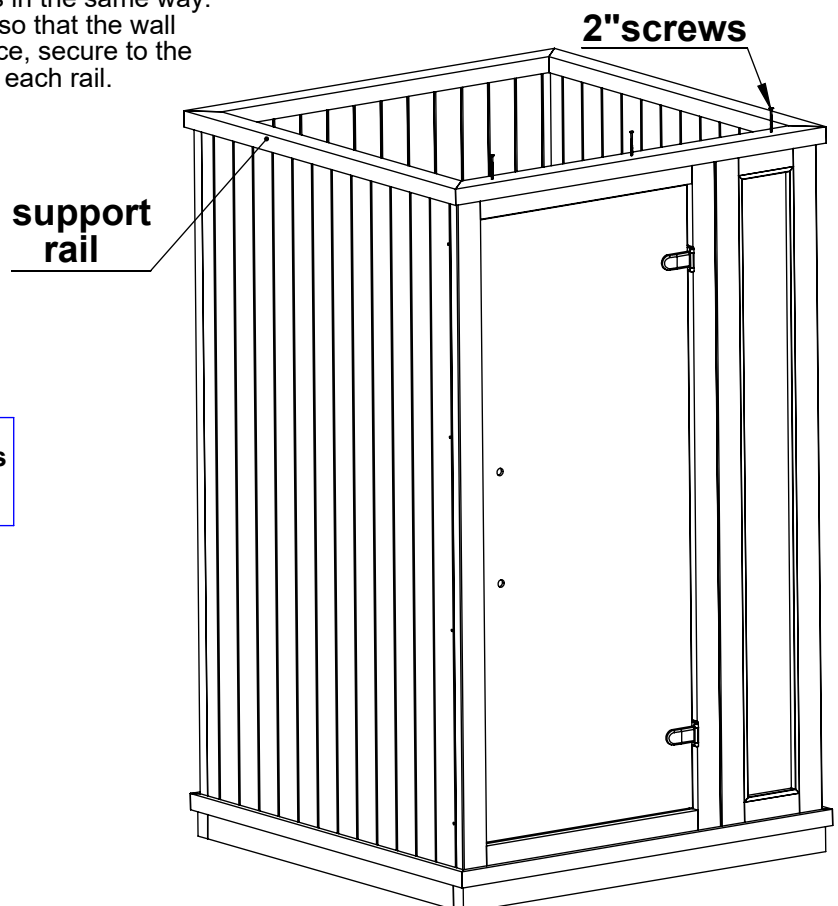


Step 8. Assemble and Position Roof Support Rails

Watch the step 2 and connect roof support rails in the same way. Place the assembly on top of the wall sections so that the wall sections fit snugly into the groove. When in place, secure to the assembly to the walls using three 2" screws on each rail.



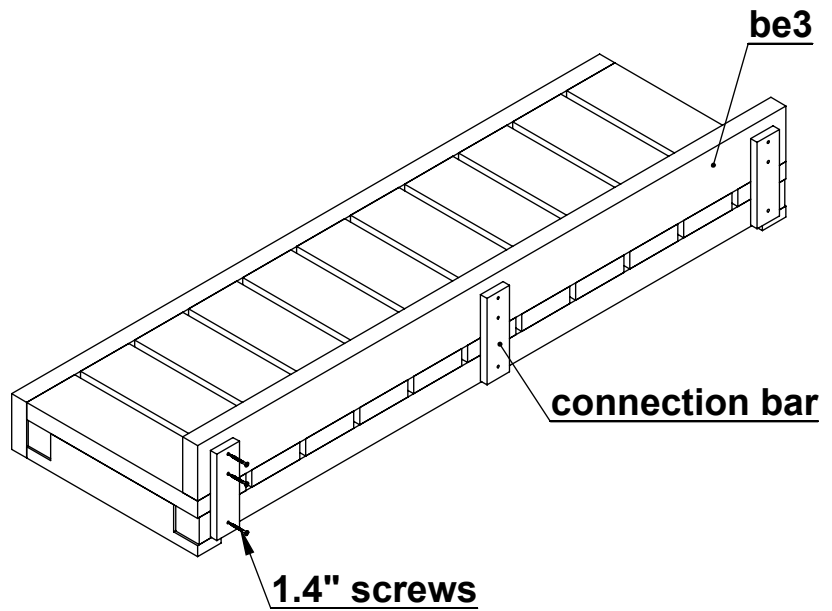
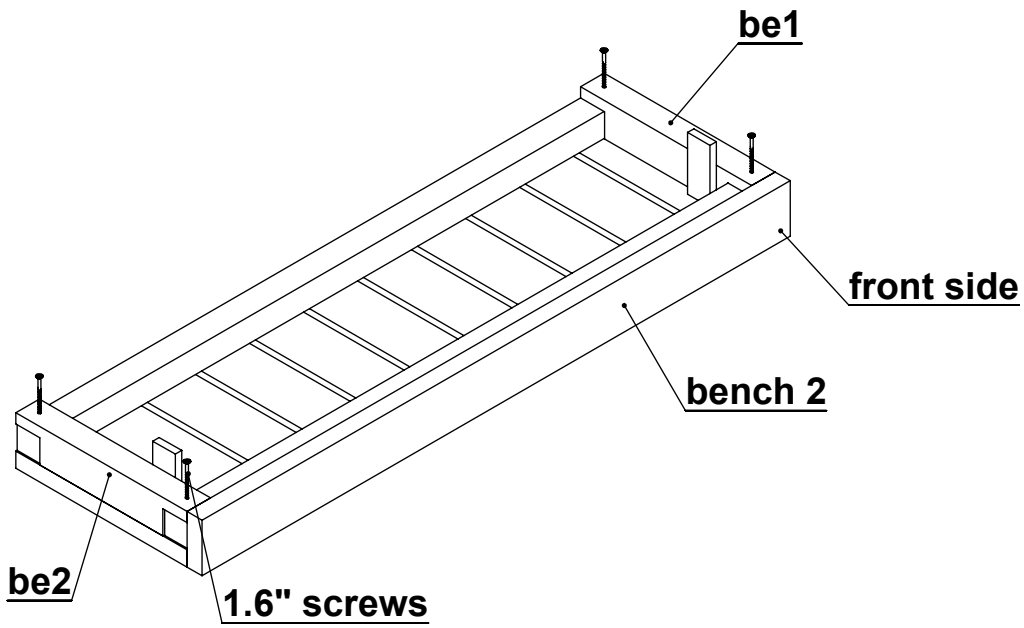
Drill the pilot holes for the screws



Step 9. Assemble and Position Bench 2 extras

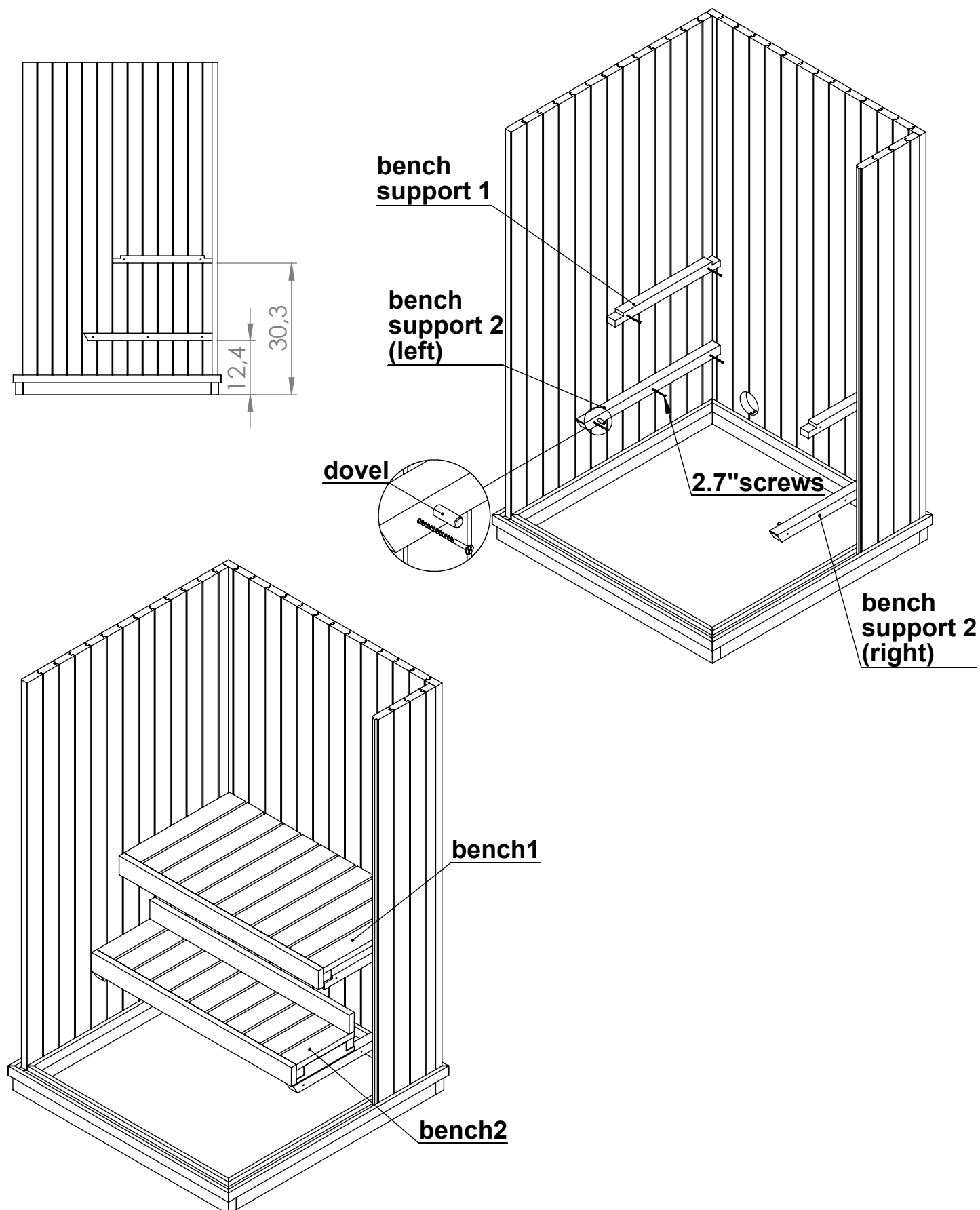
Use 1.6" screws to connect details be1 and be2.

be3 connect to the bench with connection bars using 1.4" screws



Step 10. Bench, lower bench installation

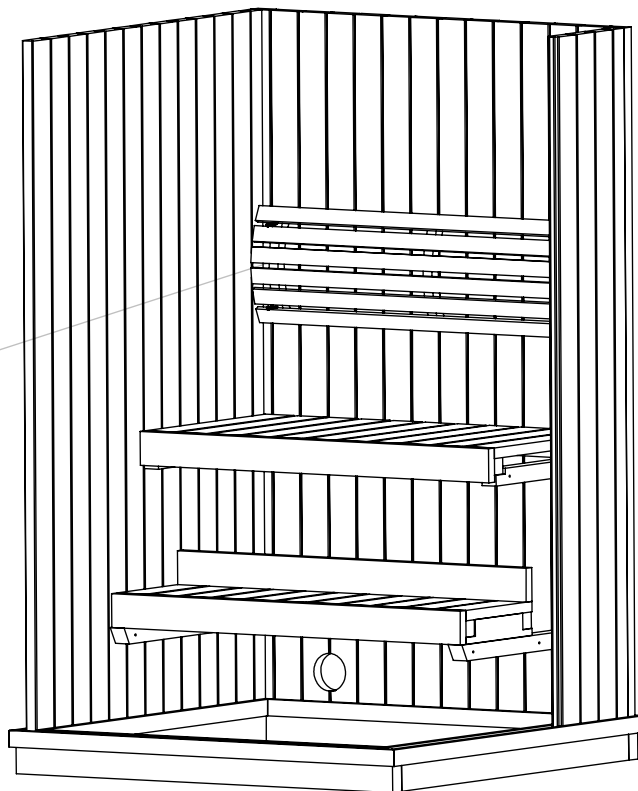
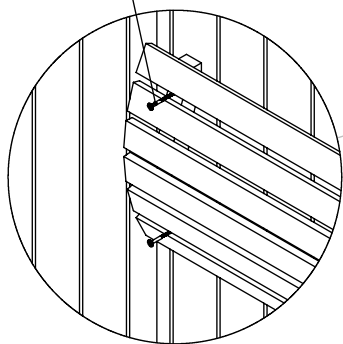
Use 2.7" screws to connect the bench supports to the wall.
Make sure the supports in both walls are in same height.
When the supports are assembled place the benches on the supports.



Step 11. Backrest installation

Center the backrest between the two sides and position it vertically at a height most comfortable for you (typically 8-12" from the bench). Using a level to ensure proper installation, fasten the backrest into place using the 2.4" screws.

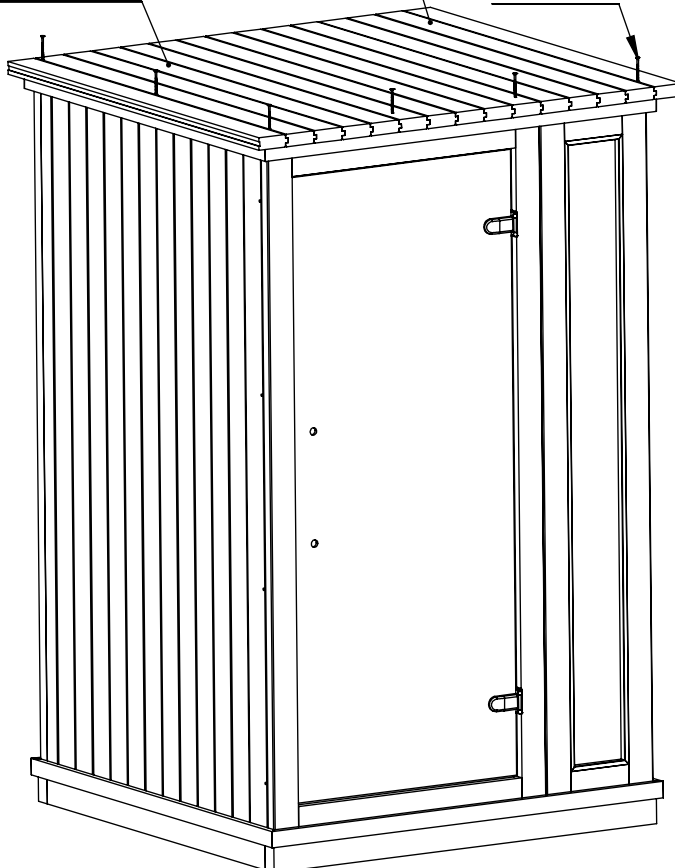
2.4" screws



Step 12. Position Roof Sections

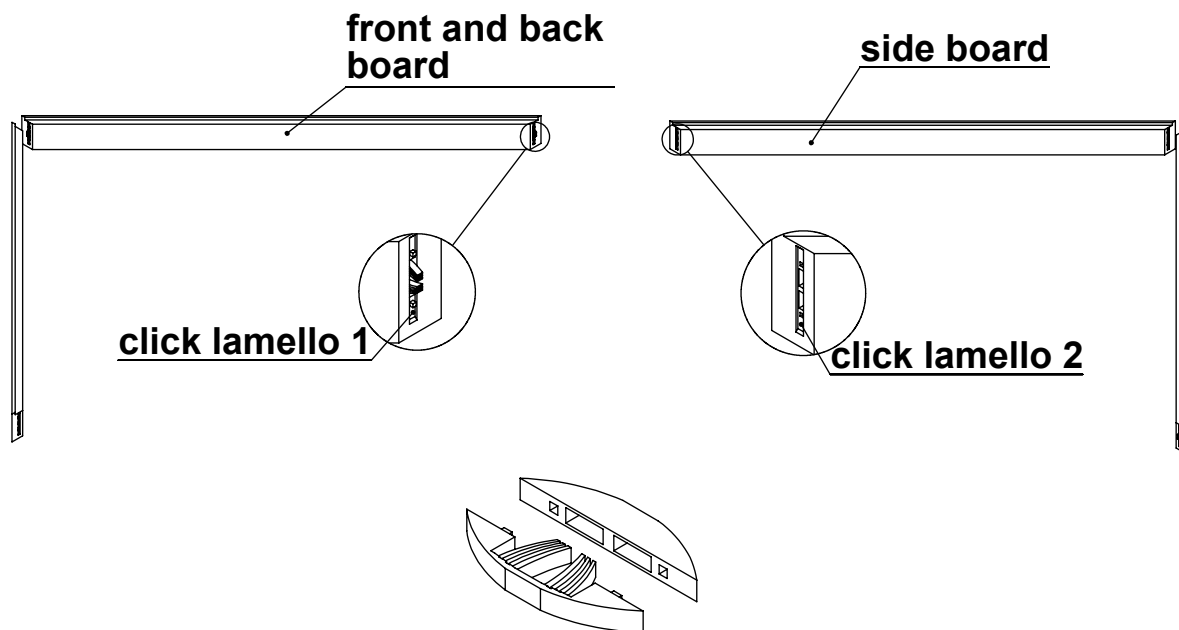
Place the roof panels on top of the ceiling supports. Connect the sections via the tongue and groove fit. From the backside roof panels must be in the same line with ceiling supports. Position the both sides equal. Connect panels with 2.4" screws.

roof section 1
roof section 2
2.4" screws

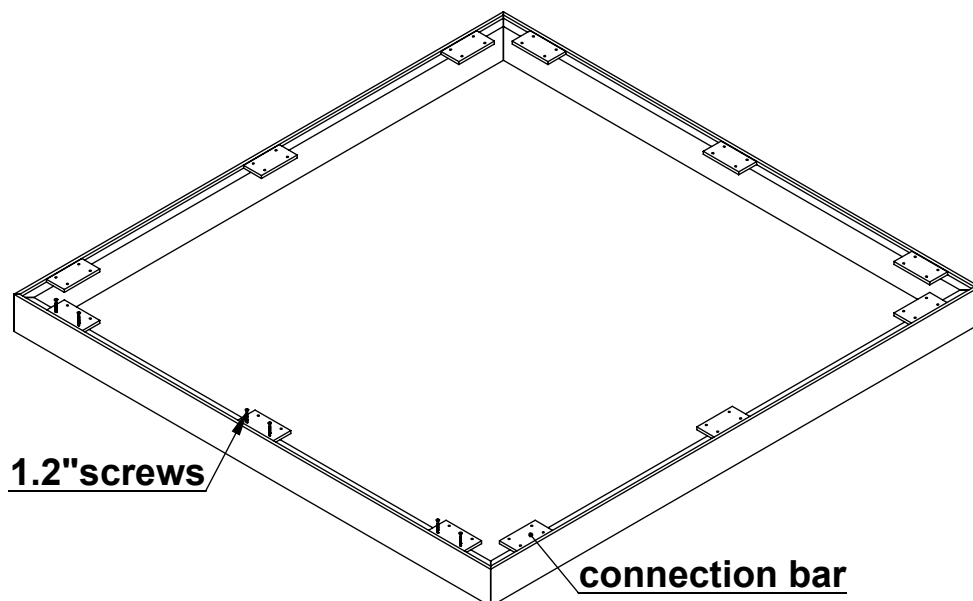


Drill the pilot holes for the screws

Step 13. Side boards and front & back board assembly



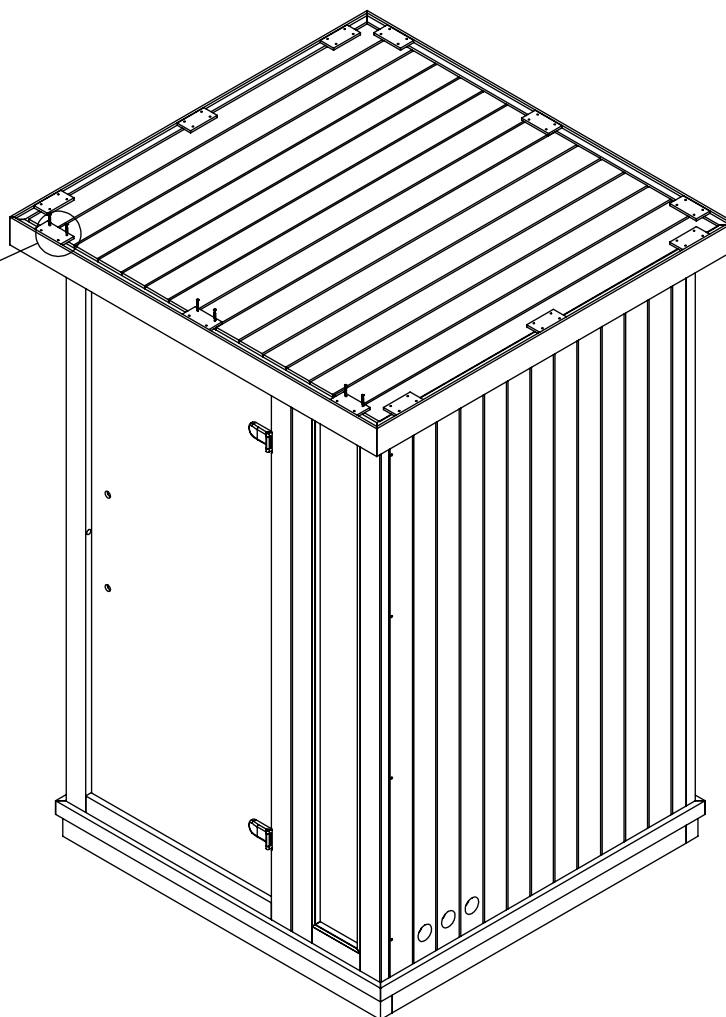
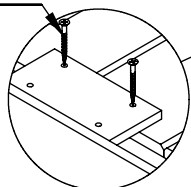
Step 14. Connection bars assembly



Step 15. Cornice boards

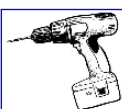
Connect the cornice boards to the roof, using 1.2" screws.

1.2"screws



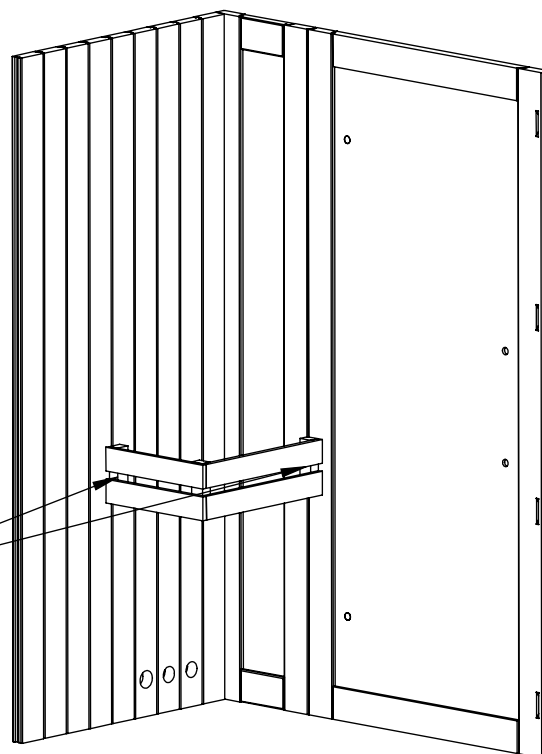
Step 16. Heater cover

Connect the heater cover to the wall with 2.4" screws.
Make this step when heater is already installed.

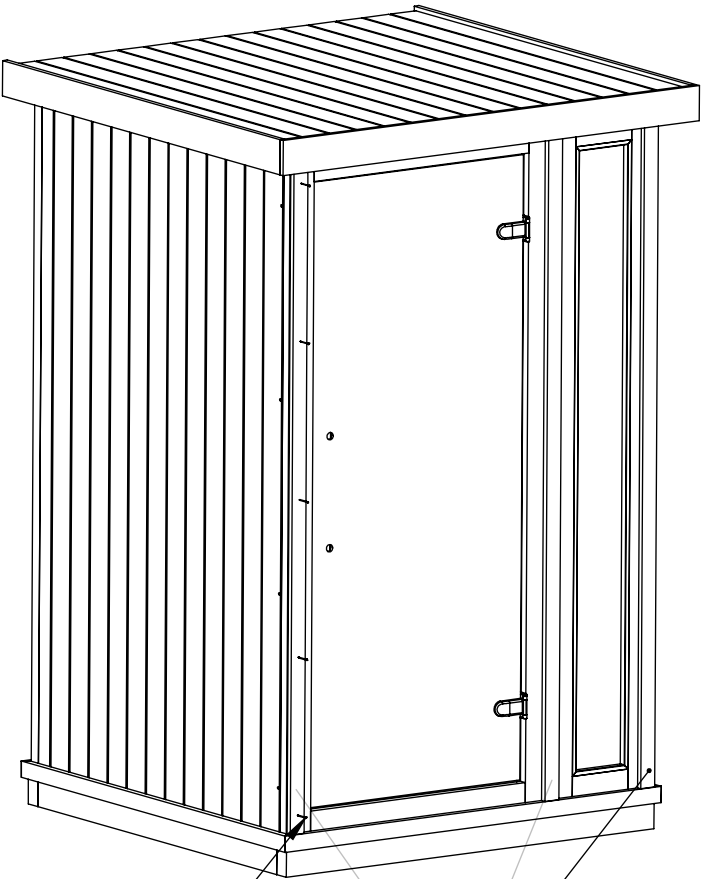


**Drill the pilot holes
for the screws**

2,4"screws



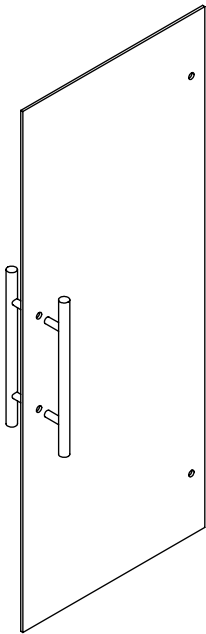
Step17. Cover slats to the front wall
Connect the cover slats using
1.6" nails.



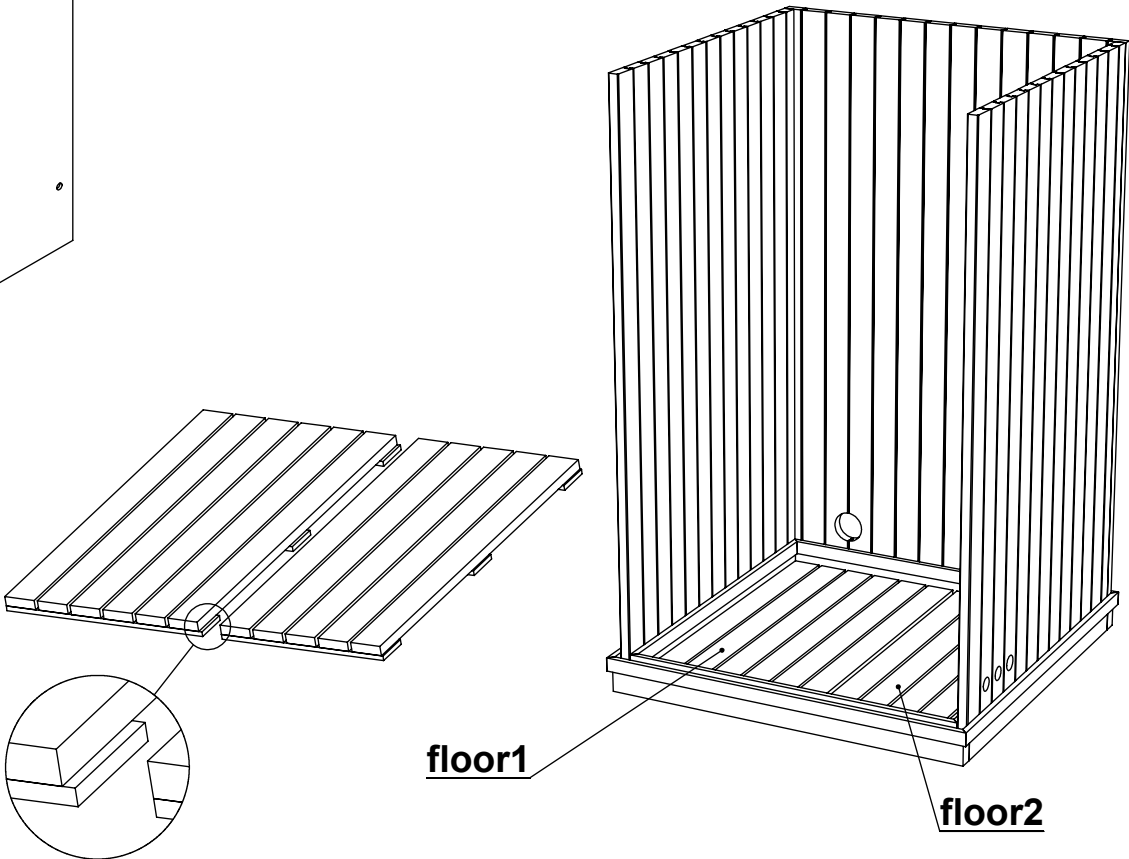
1.6" nails

cover slat

Step17. Door handle



Step18. Floor elements



floor1

floor2

Sauna Care Guide

Surface Preparations:

- The soil underneath the sauna should be removed and replaced with a well-drained and load bearing material.
- It is important to ensure that the surface is load bearing. In addition, it is important to limit the growth of flora underneath and around the sauna to minimize any defects from moisture.
- Bring the power cable to the sauna in accordance with the heater manufacturers' manual.

During sauna use:

- When using the heater and the control unit refer to the user manual provided by the heaters' manufacturer.
- Throw water only on the stones and not on the walls or the platform.
- To keep the platform looking fresh, we advise using seating pads or a towel on the bench.
- Avoid sitting on the platform in wet swimwear.
- Keep an eye on the stones as they might break down in time. Replace old stones with new ones or add new stones.
- Avoid use of non-compliant cleaning agents. For example, disinfectants bleach the wood surface and may ruin it.

After sauna use:

- After using the sauna, ventilate the room and allow the surfaces to dry.
- Wipe off the platform with a clean, damp cloth. Keep excess water from pooling on wood surfaces. Do not use a stream of water to wash the platforms.
- After cleaning the sauna, ventilate the room and allow surfaces to dry. Remove seating pads from the benches.
- When not using the sauna, the door should remain closed.

Annual Maintenance:

- The wood in the sauna should be treated with a specific cleaning compound (sauna cleaner).
- Wash all parts of the platform on all sides with a special cleaning compound (sauna cleaner), using a soft brush and/or cloth. Follow the directions of the cleaning compound manufacturer.
- For stronger stains and soiling, the platform surface can be cleaned gently using fine-grade sandpaper. The platform or sanded surface should then be re-treated with protectant.

Avoid the following:

- Drying textiles such as carpets and clothing etc. as this may pose a safety hazard. Excessive moisture may also damage the surface of the wood.
- Do not heat the sauna to a temperature beyond the specifications of the heater manufacturer. Excessive heat may cause the wood to warp or pose a safety hazard.
- Pressure washing or using a stream of water to clean the sauna, as excess moisture may permanently damage the wood surface and structures.



SAUNA LIFE SAUNA LIMITED LIFETIME WARRANTY

Sauna Life extends this Limited Warranty solely to the original retail consumer purchaser of any Sauna Life sauna purchased from one of its authorized resellers.

LIMITED LIFETIME SAUNA WARRANTY

Sauna Life warrants that the Sauna Life sauna shall be free from defects in workmanship under normal conditions of use and service for the lifetime of the sauna for residential applications after delivery to the original retail purchaser. This warranty is limited to making good any factory assembled component which in the judgment of Sauna Life is deemed defective in workmanship. The warranty does not cover normal material wear, natural weathering of the lumber, or installation or delivery of components and applies only to the original retail purchaser.

WARRANTY PERFORMANCE

For any warranty service, Sauna Life reserves the right to choose, at its option, repair of the problem or a replacement of the defective part. Sauna Life reserves the right to substitute a part or component of equivalent value, either new or factory reconditioned, and any such repair or replacement shall assume as its warranty only the remaining portion of the warranty on the original product. In the event Sauna Life chooses to repair any malfunction or defect covered by this warranty, a return authorization will be issued, and the component will be returned prepaid freight to Sauna Life for repair of the defect. Sauna Life will then ship the component back the original retail purchaser upon completion of the repair. Prior to any return, contact Sauna Life at: Sauna Life, 511 Glenn Avenue, Wheeling, Illinois 60090, telephone number: (800) 957-2862, for packaging and shipping instructions and a return authorization number. In addition, Sauna Life will require photographs of any defect and reserves the right to inspect or designate an agent to inspect any part that is claimed to be defective and covered by this warranty. Labor charges and related expenses for removal, installation, or replacement of the sauna or its components are not covered under this warranty. Normal wear and tear, cosmetic issues or changes to individual pieces of lumber due to natural aging and weathering are not covered. Sauna heaters and added components are not covered by this warranty.

ACTS INVALIDATING WARRANTY

This warranty is void if the Sauna Life sauna has been subject to alteration, misuse or abuse, commercial use, or if any repairs on the sauna are attempted by anyone other than an authorized representative of Sauna Life. Alteration shall include, but is not limited to, deviation from the original assembly instructions, component change, or the addition of any non-approved device or heating system, which contributes to a component or unit failure, or unsafe operating system. Use of the sauna in an application for which it is not designed will void this warranty. This includes, but is not limited to, damage caused by operation above safe sauna operating temperatures, damage caused by added components, damage to the sauna's surface caused by harsh chemicals, damage caused by movement of the product, and damage caused by acts of God.

DISCLAIMERS

Except as expressly provided above, Sauna Life makes no other representation or warranty, express or implied, either in fact or operation of law, statute, or otherwise, and Sauna Life specifically disclaims any and all implied or statutory warranties, including warranties or merchantability and of fitness for a particular purpose. Sauna Life shall not be liable for loss of use of the Sauna Life sauna or other incidental or consequential costs, expenses, or damage, which may include but are not limited to, the removal of or reinstallation of a wall, deck or other fixture, water leakage, costs of shipping or packaging, applicable taxes, or the payment of any costs or expenses of disassembly, removal, or reinstallation of the product or any part. Your rights may vary from state to state. Under no circumstances shall Sauna Life or its representatives be held liable for injury to any person or damage to any property, however arising, even if caused by the Sauna Life Sauna or its representatives' negligence. No distributor, salesperson, dealer, retailer, or other representative of Sauna Life has the authority to alter or change these warranties either orally or in writing.