

## Sauna Care Guide

### Surface preparation:

- Soil underneath the sauna should be removed and replaced with a well-drained and load-bearing material.
- It is important to ensure that the surface is load bearing. In addition, it is important to inhibit the growth of vegetation beneath and around the sauna to prevent damage from moisture.
- Bring the power cable to the sauna in accordance with the heater manufacturers' manual.

### During sauna use:

- When using the heater and the control unit refer to the operation manual provided by the heater manufacturer.
- Throw water only on the stones and not on the walls or the platform.
- To keep the benches looking fresh, we advise using seating pads or a towel on the bench.
- Avoid sitting on benches in wet swimwear.
- Sauna stones will naturally erode over time. Replace old stones with new ones or add new stones.
- Avoid use of non-approved cleaning agents. For example, bleach on the wood surface will discolor it.

### After sauna use:

- After using the sauna, ventilate the room well to allow the surfaces to dry.
- Wipe benches with a clean, damp cloth. Keep excess water from pooling on wood surfaces. Do not use a stream of water to wash the platforms.
- After cleaning the sauna, ventilate the room and allow surfaces to dry. Remove seating pads from the benches.
- When not using the sauna, the door should remain closed.

### Annual maintenance:

- The wood in the sauna should be treated with an approved cleaning solution (sauna cleaner).
- Wash all surfaces exposed to wear with a specialized sauna cleaning solution (sauna cleaner), using a soft brush and/or cloth. Follow the directions of the cleaning solution manufacturer.
- For stronger stains and soiling, the platform surface can be cleaned gently using fine-grade sandpaper. The platform or sanded surface should then be re-treated with protectant.

### Avoid the following:

- Drying textiles such as carpets and clothing etc. as this may pose a safety hazard. Excessive moisture may also damage the surface of the wood.
- Do not heat the sauna to a temperature beyond the specifications of the heater manufacturer. Excessive heat may cause the wood to warp or pose a safety hazard.
- Avoid pressure washing or using a stream of water to clean the sauna, as excess moisture may permanently damage the wood surface and structures.